



*"The mission of the Red Wing Chemical Health Council is to provide for the coordination of comprehensive efforts designed to foster healthy child development, free from chemical use."*

**Background:** Alcohol consumption and illegal drug use continues to cause concern throughout communities. As responsible citizens, we can do more to support healthy lifestyles for our youth. The establishment of Chemical Health Councils is being supported countywide, and your participation is key to our success!

**Who:** The Red Wing Chemical Health Council includes widespread community support. In order to promote a comprehensive approach to supporting chemically free youth, the Council seeks representatives from all sectors that frequently interact with youth. Such sectors include:

1. Education
2. Public Health
3. Private Healthcare
4. Student Groups
5. Parent Groups
6. Faith-based Groups
7. Business
8. Recreation & Sports
9. Law Enforcement/Courts
10. Service organizations
11. Civic Groups & Non-profits
12. Food and beverage retailers
13. Local Government
14. Other concerned citizens

**What does the council do?**

The Red Wing Chemical Health Council works to determine strategies to the development of a community-wide prevention and intervention plan. Based on information provided through local citizens and with support from the Chemical Health Initiative of Goodhue County, the Council implements specific initiatives to increase awareness and decrease the use of alcohol and drugs. The work of the Council is augmented in the schools by the Chemical Health Prevention Specialist.

**When and Where?**

Monthly council meetings are held at 1:30p.m. on the 2<sup>nd</sup> Wednesday of the month at the Red Wing High School Community Education Office location. The term for its members is at least 1 year in length.

**Interested in taking part in the Red Wing Chemical Health Initiative Council?**

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## 2004 - 2010 Red Wing Youth Substance Use Trend Data

<b>Alcohol Use</b>	<b>2004</b>	<b>2007</b>	<b>2010</b>
6th Grade	4.5%	3.5%	4.0%
9th Grade	32.0%	19.5%	Data Not Available
12th Grade	40.5%	37.0%	48.0%

<b>Cigarette Use</b>	<b>2004</b>	<b>2007</b>	<b>2010</b>
6th Grade	5.5%	2.5%	1.5%
9th Grade	15.0%	10.0%	Data Not Available
12th Grade	24.5%	11.5%	20.0%

<b>Marijuana Use</b>	<b>2004</b>	<b>2007</b>	<b>2010</b>
6th Grade	2.0%	0.0%	1.0%
9th Grade	10.5%	7.5%	Data Not Available
12th Grade	8.5%	12.0%	18.0%

<b>Prescription Drug Abuse/Misuse</b>	<b>2004</b>	<b>2007</b>	<b>2010</b>
6th Grade	3.0%	0.5%	0.5%
9th Grade	4.0%		
	Abused/misused Stimulants	2.5%	Data Not Available
	Abused/misused ADHD/ADD	3.0%	Data Not Available
	Abused Narcotics	4.0%	Data Not Available
	Abused Rx Tranquilizers	3.0%	Data Not Available
12th Grade	5.5%		
	Abused/misused Stimulants	4.0%	1.0%
	Abused/misused ADHD/ADD	5.0%	2.0%
	Abused Narcotics	9.0%	3.5%
	Abused Rx Tranquilizers	7.5%	1.0%

<b>Age of Onset</b>	<b>2004</b>	<b>2007</b>	<b>2010</b>
Cigarettes	12.01	12.27	12.38
Smokeless Tobacco	13.04	13.12	13.12
Alcohol	12.64	12.29	12.83
Marijuana	13.58	13.48	13.59
Meth/Other Drugs	12.24	Data too small to calculate	12.23

*\*\*Values indicate years in age*

<b>Perceived Risk of Harm</b>	<b>6th Grade</b>	<b>9th Grade</b>	<b>12th Grade</b>
Smoke 2 or more packs of cigarettes/day			
	2007	93.5%	95.5%
	2010	92.0%	Data Not Available
Drink 5 or more alcoholic beverages once or twice/week			
	2007	88.5%	81.0%
	2010	79.0%	Data Not Available
Smoke marijuana once or twice/week			
	2007	93.0%	91.5%
	2010	89.5%	Data Not Available

*\*\*Values indicate reports of Moderate/Great risk of perceived harm from substances*