



Healthy kids

Cannon Falls CHI Council Meeting Minutes

Healthy families

Date: 11/16/09

Time: 7:00 p.m.

Healthy communities

Attendees: Bucky Lindow Dean Lundgren Nancy Mills Brenda Owens Jason Lundell
Greg Wolf Glenn Christian Phillip Hammes Evan Carpenter Stacy Larson

The meeting was called to order by Bucky. No changes were needed to the agenda; the agenda was approved by Nancy and seconded by Greg. Motion passed.

Dean moved to accept the minutes from the October meeting and Nancy seconded the motion. Motion passed.

Greg presented the financial report. Account balance: \$2,787.40. There will be an invoice coming from the Beacon in the amount of \$99 for the purchase of the informational cards which were handed out at the Winter sports registration meeting. Dean motioned to accept the financial report and Glenn seconded it. Motion passed.

Old Business:

Winter Sports Registration Meeting (Bucky)

There were approximately 250 informational cards handed out at the door. Logistics were good this year as attendees started at the cafeteria to retrieve forms and then filed into the auditorium so many were given the cards at the door. Thank you to Brenda for getting this approved by the school board. At the end of the general assembly, Bucky presented the following key items:

- Card Announcement
- Thanked community for the positive change. Mentioned improvement in statistics from 2004 to 2007 in all areas.
- Presented reminder and explanation of agreement. Reminded participants that when they sign the agreement(s), they are agreeing to be chemical free.

Halloween Parade (Greg/Stacy)

CHI magnets were handed out to trick-or-treaters at the Halloween trot. Greg said that they had approximately 300 pieces of candy at the bank that were distributed with the magnets and they ran out around 4:30 then ended up closing the bank. Stacy stood with a local retailer on main street and also ran out around 4:30. According to a local retailer, she plans for approximately 700 pieces each year.

New Business:

Repairs for Make A Ripple Golf Hole (Bucky presented on behalf of Micki)

Jeff Reinhardt is going to pick the hole up and perform all repairs.

Martin Luther King Day Walk (All)

Please see last page for details on event.

Pencils (Bucky)

Bucky presented an idea to get pencils that have a key message, in addition to, the CHI logo/name to hand out to kids during the testing times. (MCA math, reading, grad tests, etc.) The group thought this was a great idea but agreed that the message had to be short and catchy. The following was decided:

- Greg will research the purchase. Vendor and costs.
- Quantity needed: 1000 – 1500 pencils. (Estimate average 100 per class)
- Colors will match the CHI logo colors, light blue and green. Pencils will say “Make A Ripple” and include either the CHI logo or name.

New Members:

Bucky mentioned that the CF CHI council is at the right number of members so the council seats are good.

Goodhue County CHI Report:

Stacy described some of the evidence based programs that the CHI is looking to pursue in the future throughout communities within the county. They include:

- Ordinances
 - Seller/Server Training
 - Requires everyone who serves or sells liquor to complete an on-line training course.
 - Social Host
 - This ordinance allows law enforcement to charge individual(s) with a misdemeanor who knowingly allow minors to obtain, possess, or consume alcoholic beverages at parties held at private residences or private premises.
- Clinical & Healthcare Based Evaluation Programs
- Social Norm Campaigns
- Parent Networking groups
- Continue to Create Annual Awareness Events

Upcoming Events:

Winter Formal

Evan inquired as to if the CHI was doing anything to prevent carry-ins for the winter formal. There were previous informal reports from custodians that bottles and tobacco wrappers were found under bleachers. It has been informally said that there were chemical issues at the dance and parties after. This dance is planned for 12/12/09.

It was discussed that this year we should gather data to see if there is evidence of alcohol and tobacco issues associated with the dance or after dance parties. If evidence is found, we should document and conduct discussions with the school on how we will improve support to ensure that this will not occur in the future.

Brenda will bring this up at the next school board meeting. She will inquire about the process that is in place for screening kids for alcohol use and also what is done if they do encounter a minor who has been drinking. She will also discuss that we would like to gather information to see if there truly is an issue that needs to be addressed.

Depending on the results, we could use this as a positive message for a social norm campaign.

Putt-Putt Golf

Bucky mentioned that we will sponsor a hole at the annual Putt-Putt golf event. When the time gets closer, he and Kathy will be looking for volunteers to help setup and dismantle.

Alumni Tournament

Nancy inquired as to if there was improvement seen last year at the tournament. Two years ago, there were issues with individuals playing basketball while intoxicated and individuals promoting alcohol by wearing “party” t-shirts.

Martin Luther King Day Walk

Please see last page for details on event.

Sector Reports:

Faith Community	Dean Lundgren	Dean met with the CCIC and provided an update on upcoming activities and announced the Martin Luther King Day walk. Everyone was on-board. They are looking for a date of CHI Sunday. Stacy will investigate and inform them when a date is set.
Law Enforcement	Scott Mattingly	No representation – Scott had another commitment that he had to attend tonight.
Youth Athletics	Bucky Lindow	No updates since last month.
City Government	Phillip Hammes	Mentioned that he could approach City Hall again to see if there is an office available for Stacy. She is currently working out of her home office.
Business	Greg Wulf	No updates since last month.
Parents	Jason Lundell	Discussed sphere of influence and strength in numbers!
Health	Glenn Christian	No updates since last month.
Student	Evan Carpenter	He is trying to get time with Julie Hatch to discuss what is required to start a student group and next steps. From last month’s minutes, it was mentioned to consider the following: guidelines for the group, and basic info as to what the group will do, who is eligible for membership, etc.
School Board	Brenda Owen	School board meeting is coming up next week. She will inquire about the Winter formal as previously mentioned.
Education	Bucky/Kathy	No updates since last month.

Meeting Wrap-Up

- ❖ A motion to adjourn the meeting was made by Greg and seconded by Brenda. The motion was passed.
- ❖ The next meeting will be December 21 at 7 pm.

Martin Luther King Day Walk

Please submit suggestions for a catchy event name. We need to figure out a name for our event so that we can include it on the advertisements!

- Our mission/reason for event: Show support for kids making good decisions and staying chemical free!
- It was decided that we will walk the high school field house track. We are looking to walk a distance that has significance. Such as:
 - 23 laps in dedication to the “Heart of David”. We figure that this would be a little over 2 miles.
 - Or, # of individuals in the community who have been killed in a alcohol/drug related incident.
- Bucky confirmed that the field house would be free after 7:00 p.m. He proceeded with reservations.
- By doing the walk inside, there will be no need to acquire insurance for the event or need an alternate plan in the case of bad weather.
- Glenn will contact Jeff and Jamie Schultz to inquire as to the cost to have the “Heart of David” program and to see if they are available on 1/18/10.
 - If they typically conduct a school program during the day and then an evening event, it was recommended by Bucky that we work with the school to split the funding for the event. Stacy mentioned that maybe there are other organizations that would also donate or participate in the funding.
 - Thought is that we could have the car on display throughout the day.
- We will plan to start the activities at 6:30. We would like to have the event after work hours but also take into consideration other commitments such as homework, etc. We do not want it to get to late.
- Plan is to gather in the school atrium then file into the field house for the walk. After the walk, everyone will then gather in the auditorium for the “celebration”/program.
- Have a local band perform music at either the start of event to kick off the event or have them perform after the walk at the celebration.
 - Stacy will check with the local group “Fatum” to see if they would be available to perform.
 - Another suggestion for the program was if the “Heart of David” program does work out, we could have several local bands be the program alongside some individual speeches.
- Have raffle items available as give-a ways
 - We have CHI Frisbees, magnets, T-shirts and literature available
 - If we want “other” items such as gift certificates, those would need to be purchased.
- Rally participation and support for event
 - Each council member will start spreading the word within their respective sectors.
 - Inserts/cards will be created for the event
 - Inserts will be given to the local churches which they will publish in their bulletins.
 - Timing is great for the CCIC. They will meet again on 1/14 and then the churches can also announce event the day before per Dean.
 - Will need approximately 2000 inserts/cards created. Distribute among the 15 churches. Larger churches should receive 200, smaller churches 100.
 - Inserts will also be handed out in the business sector and throughout community.

- Announce in school
 - If there is a Martin Luther King Day event in school, have them announce our event.
 - We could request that it is announced over the loud speaker at the end of the day.
 - Flyers to the students
 - Posters in Hallways
- Get school groups involved such as National Honor Society, church confirmation groups, Girl Scouts, Student Council, etc. It would provide the kids an opportunity to get community service hours.
- Beacon – Local Media support. Include announcement in paper prior to event. Also have the Beacon present and ask that they publish a story covering event.
- Have beverages available
 - Stacy will contact the food service at the school and inquire as to our options. Possibly work something out with the concession stands.