



Community Mental Health & Chemical Health Resources In and Surrounding Goodhue County

(To include Goodhue, Wabasha, Olmstead & Rice Counties, Pierce (WI) County, Minneapolis/St. Paul Metro)

Prior to scheduling any appointment, check with your insurance provider for service coverage

www.chi-goodhue.org

Goodhue County provides crisis assistance and referrals to crisis facilities. Mental Health Center staff may be contacted at 651-385-6180 or 1-800-657-4941. During night-time hours or weekends, crisis calls will be received at 1-800-422-0670. For emergency situations, phone 9-1-1.

Crisis Numbers:

Minnesota Relay (hearing & speech impaired)	Dial 7-1-1
Emergency Social Service (after hours)	651-385-3155
Battered Women Hotline	800-369-5214
Goodhue County HELPLINE (Info & Referral)	651-385-3357
Goodhue/Wabasha Sexual Assault Services	651-388-9360
ABC Crisis Nursery	651-388-9360
Fairview Mental Health Services (Red Wing)	651-267-5000

Chemical Use/Abuse Assessments:

Goodhue County Residents	651-385-6180
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****All treatment programs do assessments – see below****

Chemical Dependency Treatment Centers/Contacts:

Chicano Latinos Unidos En Servicios, Mpls, MN	651-379-4200
Hazelden Center for Youth and Families, Plymouth, MN	888-257-7800
Dakota County Receiving Center, Hastings, MN	651-437-4209
Mayo Foundations Addiction Services, Rochester, MN	507-255-4065
Regions New Connections, St. Paul, MN	651-254-5294

****All treatment programs do drug testing at minimal cost****

YOUTH Chemical Dependency Treatment Centers/Programs:

Fairview Riverside, Minneapolis, MN	612-672-6600
Fountain Centers, Albert Lea, MN	507-377-6411
Hazelden Center for Youth and Families, Center City, MN	651-257-4010
Regions New Connections, Hastings, MN	651-480-1180
Teen Challenge, Minneapolis, MN	612-373-3366
Wenden, Red Wing, Winona, Rochester, MN	877-574-7328

Counseling & Mental Health Services:

Covered Bridge Family Resources (Zumbrota)	507-732-4136
Faribault Family Focus	507-334-6413
Goodhue County Mental Health (Red Wing)	651-385-6180
Northfield Family Focus	877-574-7328
Owatonna Family Focus	507-451-0511

Counseling & Mental Health Services (Continued):

Fairview Mental Health Services (Red Wing)	651-267-5000
Fairview Behavioral Health	651-385-3260
Rochester Behavioral Health Services	507-281-5515
Wenden Recovery Services	Red Wing 651-385-0600
	Rochester 507-292-1379
	Winona 507-425-5890
Zumbro Valley Psychological Services, Rochester	800-422-0161

Online Treatment Facility Search (Minnesota & National):

SAMHSA Substance Abuse Treatment Facility Locator

<http://dasis3.samhsa.gov/>

Child Protection:

Goodhue County	651-385-3232
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Self-Help Groups:

Red Wing	AA	651-388-5800
	Cocaine Anonymous	651-385-9096
Rochester	AA Inter-group	507-281-1747
	NA	507-281-2227
Hastings	AA/Al-Anon	651-437-9614
	Al-Anon Family Group	651-437-9723 or 651-437-3591
Bay City, WI	Al-Anon, Women's AA, Ala-teen, Spirit of Women AA, AA	715-594-3131
Ellsworth, WI	Celebrate Recovery	715-273-4617
	Al-Anon	715-273-3569
	Beginners Group AA	715-273-3579 or 715-792-2905
	Cocaine Anonymous	651-385-9096
Ala-teen/Ala-non		651-771-2208
Faribault Ala-teen/Ala-non		507-332-2593
Narcotics Anonymous		www.naminnnesota.org
MN Region Info Line		877-767-7676

For additional information on local resources call the Goodhue County HELPLINE at 651-385-3357 or First Call for Help at 211.

For Additional Resource Information, visit our CHI website at www.chi-goodhue.org



School-Based Chemical Health Prevention Specialist

Serving the Following Goodhue County Schools:

Red Wing	High School Middle School	651-385-4600 651-385-4530
Cannon Falls	High/Middle School	507-263-3331
Goodhue	High/Middle School	651-923-4447
Kenyon-Wanamingo	High/Middle School	507-789-6186
Zumbrota-Mazeppa	High School Middle School	507-732-7395 507-843-2165
Julie Hatch, School-based Chemical Health Prevention Specialist	Office Cell	651-385-3307 651-399-1242

Note: This general listing of available local resources is provided to you by the Chemical Health Initiative of Goodhue County.

Hotline Information

Alcoholics Anonymous www.alcoholics-anonymous.org	507-281-1747
Al-Anon/Alateen www.Al-anon-alateen.org	888-4AL-ANON
Alcohol and Drug Hotline	800-923-HELP (4357)
Child Abuse	800-422-4453
Gambler's Anonymous www.gamblersanonymous.org	800-522-4700
Gay & Lesbian	888-843-4564
Narcotics Anonymous www.naminnnesota.org	877-767-7676
National Domestic Violence www.ndvh.org	800-799-SAFE (7233)
National Sexual Assault www.rainn.org	800-656-HOPE (4673)
National Runaway Switchboard www.1800RUNAWAY.org	800-RUNAWAY
Suicide: National Suicide Hot Line More suicide help: www.safechild.org	800-SUICIDE (784-2433)
Tobacco QuitPlan www.quitplan.com	888-354-PLAN

Smoking Cessation Programs:

American Cancer Society	651-255-8100
American Lung Association	651-227-8014
Minnesota QUITPLAN SM	888-354-PLAN

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To ANONYMOUSLY Report Suspicious Activity in Goodhue County call

866-887-HELP