

Grade Level Lesson Plans

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Kindergarten thru 3rd Grade

People We Trust

Objective: To identify the appropriate persons from whom a child can safely take medicine.

Source: American Council for Drug Education

"You can't judge a book by its cover"

Objective: To learn that how something is packaged is not necessarily the way it really is.

Source: American Council for Drug Education

4th Grade thru 6th Grade

Making Decisions

Objective: To learn how to make decisions through a process of scientific reasoning.

Source: American Council for Drug Education

"A gateway to where?"

Objective: To learn that marijuana is considered a gateway drug and what that means.

Source: The American Council for Drug Education

The Magic Bullets

Objectives: Students will improve their understanding of the dangers of addiction in its various forms.

Students will internalize values of the folk tale, including: magical thinking (drug use) does not work in real life; our mistakes hurt ourselves and others; achieving an Important goal requires time and hard work; self-mastery is the real challenge of life; and adults give up power if teens prove ready.

Source: The Educator's Reference Desk

Substance Abuse Influences

Objectives: Students will be able to:

Identify external and internal influences that affect one's choice of behavior.

Learn that external influences include influences outside ourselves: environment, family, and friends.

Learn that internal influences means determinants within ourselves, and that this is based on our values and beliefs.

Understand the impact of a variety of influences that exert themselves on a daily basis.

Source: The Educator's Reference Desk

7th Grade thru 8th Grade

Peer Pressure

Objective: To identify ways to cope with peer pressure to use tobacco, alcohol, and other drugs.

Source: The American Council for Drug Education

"With a little help from my friends?"

Objective: To learn that having friends is an important part of growing up, but being in charge of the friendship rather than allowing it to control you is also important.

Source: The American Council for Drug Education

The Magic Bullets

Objectives: Students will improve their understanding of the dangers of addiction in its various forms.

Students will internalize values of the folk tale, including: magical thinking (drug use) does not work in real life; our mistakes hurt ourselves and others; achieving an important goal requires time and hard work; self-mastery is the real challenge of life; and adults give up power if teens prove ready.

Source: The Educator's Reference Desk

Addiction

Objectives: Students will give a report based on the Drugs & Alcohol section of www.kidshealth.org

Students will create a mural or some other medium that warns of the dangers of drugs and alcohol

Source: Discovery Education

Cycle of Addiction

Objectives: The students will do the following:

Understand how families and peers influence their decision making

Examine the cycle of addiction to drugs and what can be done to prevent it.

Source: Discovery Education

Deadly Highs: Substance Abuse

Objectives: Schools will be able to:

Describe the effects of drugs on the human body, both short- and long-term consequences

Create personal approaches to substance abuse control and prevention

Demonstrate effective practices in working within groups

Demonstrate general skills of writing process

Practice skills in speaking and listening as tools for learning

Source: Discovery Education

9th Grade thru 12th Grade

Steroids and the Body

Objective: To understand how steroids can harm the body physically and mentally.

Source: The American Council for Drug Education

"Once a fact, always a truth"

Objective: To learn that what one thought was truth or factual can change and that change can result in totally rethinking the topic.

Source: The American Council for Drug Education