



# CHI E-NEWSLETTER

Information and Resources for Teachers, Parents  
and Community Members

May 5, 2011

## PARENTS. THE ANTI-DRUG - ONLINE RESOURCE



**TOPIC:** [Pressure on Teens](#)

Learn how you can [help your teen cope with pressures](#) like fitting in, getting into college, and managing finances.

For more parent information go to [www.chi-parentnetwork.org](http://www.chi-parentnetwork.org) or [www.theantidrug.com](http://www.theantidrug.com)

## TOPICS: PLAN TO FIGHT PRESCRIPTION DRUG ABUSE, NEW STUDY, FDA TO REDUCE OPIOID ABUSE

### **Feds Launch Plan to Fight Prescription Drug Epidemic**

White House officials from the [Office of National Drug Control Policy](#) (ONDCP), along with the [Food and Drug Administration](#) (FDA) and the [Drug Enforcement Administration](#) (DEA), today announced the release of the first national action plan to fight a "prescription drug abuse epidemic." [What the plan requires.](#)



### **Study On Teen Substance Abuse Highlights Need for Screening and Prevention Programs**

A new study showing marked increases in teen use of marijuana and Ecstasy over the past three years underscores the importance of incorporating screening and prevention programs into all health care interactions with adolescents and their parents. [Read more.](#)

### **FDA Acts to Reduce Harm from Opioid Drugs**

In concert with the White House plan, the Food and Drug Administration (FDA) is announcing a new risk reduction program-called a Risk Evaluation and Mitigation Strategy-for all extended-release and long-acting opioid medications. [What do opioid makers have to propose in 120 days?](#)

## CHI WEBSITES AND SOCIAL NETWORKING – CLICK TO FOLLOW LINK



## NATIONAL EPIDEMIC OF NARCOTIC PAIN RELIEF DRUG OVERDOSE DEATHS MEDICAL NEWS TODAY APRIL 26, 2011

Approximately 27,500 people died from unintentional drug overdoses in 2007, driven to a large extent by prescription opioid overdoses. Unintentional overdose deaths in teens and adults have reached epidemic proportions in the U.S. In some 20 states in 2007 the number of unintentional drug poisoning deaths exceeded either motor vehicle crashes or suicides, two of the leading causes of injury death. Prescription opioid pain medications are driving this overdose epidemic. Opioid pain medications were also involved in about 36 percent of all poisoning suicides in the U.S. in 2007.

[Read More>](#)

## FACT BOX: TOBACCO, ALCOHOL, FAT HAVE HUGE HEALTH IMPACT REUTERS APRIL 27, 2011

The World Health Organization (WHO) published a report on Wednesday, April 27th on chronic, or non-communicable diseases -- which include diabetes, cancer and respiratory and heart diseases.

A large percentage of NCDs could be prevented by reductions in their four main behavioral risk factors -- tobacco use, physical inactivity, alcohol and unhealthy diets, the WHO said.

[Read More>](#)

## LESSON PLANS AND RESOURCES LISTED AT [WWW.CHI-GOODHUE.ORG](http://www.chi-goodhue.org)



Find drug, alcohol and tobacco lesson plans and other resources for social workers, and counselors on the CHI coalition website at

<http://www.chi-goodhue.org/teachers.php>

## HEAR OF AN UNDERAGE PARTY OR KNOW OF PARTY THAT HAS ALREADY TAKEN PLACE?

**CALL: 1-(866) 887-HELP (4357)**

**It's never too late to report.**

**We need your help in reducing underage drinking.**

## INTERESTED IN LEARNING MORE ABOUT THE CHI?

Contact us at [info@chi-goodhue.org](mailto:info@chi-goodhue.org) or call 651-385-3307