



CHI SCHOOL NEWSLETTER

Information and Resources for Teachers and Parents

January 3rd, 2011

A MESSAGE TO PARENTS: YOUR TEEN - YOUR INFLUENCE

Parents: You not only hold the responsibility of being a good role model and making smart decisions but you have youth who need your guidance and support to help keep them safe.

Who is most at risk? YOUNG PEOPLE.

- 17% of alcohol-related fatalities were children and youth ages 0 - 20.
- Each year, thousands of teens are killed or injured in traffic crashes as a result of underage drinking.
- More facts and statistics

Tips for keeping your teens safe:

- **Share your safe decisions and plans.** Let your teens know that you are being responsible and are setting the standard (they will be more likely to mimic this behavior in the future).
- **Monitor your teens behavior and actions.** Know where your teens are going, who they are going with, and what type of activities will be at any parties they may attend.
- **Know the laws.** Every state upholds different laws and consequences to underage drinking and driving. Talk with your teen and teach them to understand your state laws, fines and penalties, and why underage drinking is NOT worth the risk. Which state do you live in?
- **Find the right resources for you.** There is a lot of information out there which can take hours of researching. UnderYOURInfluence offers valuable resources. Find out which ones are most helpful for you and your teen driver.

TOPIC: COST OF UNDERAGE DRINKING

Costs of Underage Drinking

Despite minimum-purchase-age laws, young people regularly drink alcohol. Research has been done which allows us to estimate the magnitude and costs of problems resulting from underage drinking by category-traffic crashes, violence, property crime, suicide, burns, drowning, fetal alcohol syndrome, high-risk sex, poisonings, psychoses, and dependency treatment-and compared those costs with associated alcohol sales. What are the costs?

GRANT OPPORTUNITIES

Promoting Positive Youth Development:

Deadline: February 5, 2011

The National Institutes of Health (NIH) is offering grants to effective, evidence-based, gender-inclusive programs that are adapted, translated, or disseminated for new populations of youth and adolescents for the purpose of reduction of youth risk behaviors.

Welch's, Scholastic Parent and Child Magazine Grant:

Deadline: February 11, 2010

Win Gardening Grant for your school.

Teacher Grants:

Deadline: April 30, 2011

The ING Unsung Heroes program annually provides grants to K-12 educators utilizing new teaching methods and techniques that improve learning.



Join Together has launched a completely revamped and expanded version of our alcohol screening site, which has helped over one million people assess their drinking and find help.

[Visit the new AlcoholScreening.org](http://AlcoholScreening.org)

CURRENT RESEARCH AND NEWS



'Monitoring the Future' Finds More Teens Using Marijuana While Alcohol Use Continues Decline

Daily use of marijuana has increased among eighth, tenth, and twelfth grade youth, while alcohol use -- at its lowest level since the survey began -- and binge drinking have continued long-term declines, according to 2010 Monitoring the Future Survey (MTF) results. **[READ MORE >](#)**

FREE THE BOWL CONTEST IS STILL OPEN! – DEADLINE: JANUARY 24TH

Marin Institute has launched its third annual, countrywide, anti-alcohol-advertising contest at FreeTheBowl.com. This year's theme - "Free the Bowl from Beer Ads" - seeks original, 30-60 seconds long, "performance art" counter-beer-ads from youth and young adults ages 10-20. Deadline for entry is January 24th, and the winners will receive cash prizes up to \$1000! To learn more, [watch the video](#). (control + click to follow link).



GRADE LEVEL LESSON PLANS LISTED @ WWW.CHI-GOODHUE.ORG

Kindergarten – 3rd Grade

[People We Trust](#)

- Objective: To identify the appropriate persons from whom a child can safely take medicine.
- Source: American Council for Drug Education

4th – 6th Grade

[Substance Abuse Influences](#)

- Objectives: Students will be able to:
 - Identify external and internal influences that affect one's choice of behavior.
 - Learn that external influences include influences outside ourselves: environment, family, and friends.
 - Learn that internal influences means determinants within ourselves, and that this is based on our values and beliefs.
 - Understand the impact of a variety of influences that exert themselves on a daily basis.
- Source: The Educator's Reference Desk

7th – 8th Grade

[Deadly Highs: Substance Abuse](#)

- Objectives: Students will be able to:

- - Describe the effects of drugs on the human body, both short- and long-term consequences
 - Create personal approaches to substance abuse control and prevention
 - Demonstrate effective practices in working within groups
 - Demonstrate general skills of writing process
 - Practice skills in speaking and listening as tools for learning

 Source: Discovery Education

9th – 12th Grade

 ["Once a fact, always a truth"](#)

- Objective: To learn that what one thought was truth or factual can change and that change can result in totally rethinking the topic.
- Source: The American Council for Drug Education

To find more teacher resources and lesson plans go to the CHI coalition website at <http://www.chi-goodhue.org/teachers.php>

GOODHUE COUNTY MEDIATION DISPOSAL PROGRAM

Goodhue County

S.A.F.E.

Medication Disposal Program

Goodhue County Law Enforcement Center
 430 West 6th Street, Red Wing, MN
Available: 24 hours a day, 7 days a week

Wanamingo City Hall - Sheriff's Office
 401 Main Street, Wanamingo, MN
Available: Monday - Thursday 8:00 a.m. - 4:30 p.m.
 Friday 8:00 a.m. – Noon

For more information regarding the S.A.F.E. Medication Disposal Program and medications accepted go to <http://www.chi-goodhue.org/SAFE%20Program.php>

CHI RESOURCES

 **CHI Parent Network Website – Website for Parents, Teachers and Caregivers**

www.CHI-parentnetwork.org

 **CHI Coalition Website**

www.CHI-goodhue.org

 **CHI Howie Website**

www.CHI-howie.org

GOODHUE COUNTY ANONYMOUS TIP LINE

 **1-(866) 887-HELP (4357)**

INTERESTED IN BECOMING PART OF THE CHI?

 Contact us at info@chi-goodhue.org