

Community Mental Health & Chemical Health Resources In and Surrounding Goodhue County

(To include Goodhue, Wabasha, Olmstead & Rice Counties, Pierce (WI) County, Minneapolis/St. Paul Metro)

Prior to scheduling any appointment, check with your insurance provider for service coverage

www.chi-goodhue.org

Crisis Numbers:

Minnesota Relay (hearing & speech impaired)	Dial 7-1-1
Emergency Social Service (after hours)	651-385-3155
Battered Women Hotline	800-369-5214
Goodhue County HELPLINE (Info & Referral)	651-385-3357
Goodhue/Wabasha Sexual Assault Services	651-388-9360
ABC Crisis Nursery	651-388-9360

Chemical Use/Abuse Assessments:

Goodhue County Residents	651-385-6180
--------------------------	--------------

****All treatment programs do assessments – see below****

Chemical Dependency Treatment Centers/Contacts:

Chicano Latinos Unidos En Servicios, Mpls, MN	651-379-4200
Hazelden Center for Youth and Families, Plymouth, MN	888-257-7800
Dakota County Receiving Center, Hastings, MN	651-437-4209
Mayo Foundations Addiction Services, Rochester, MN	507-255-4065
Regions New Connections, St. Paul, MN	651-254-5294

YOUTH Chemical Dependency Treatment Centers/Programs:

Fairview Riverside, Minneapolis, MN	612-672-6600
Fountain Centers, Albert Lea, MN	507-377-6411
Hazelden Center for Youth and Families, Center City, MN	651-257-4010
Regions New Connections, Hastings, MN	651-480-1180
Teen Challenge, Minneapolis, MN	612-373-3366
Wenden, Red Wing, Winona, Rochester, MN	877-574-7328

Online Treatment Facility Search (Minnesota & National):

SAMHSA Substance Abuse Treatment Facility Locator

<http://dasis3.samhsa.gov/>

Child Protection:

Goodhue County	651-385-3232
----------------	--------------

Counseling & Mental Health Services:

Covered Bridge Family Resources (Zumbrota)	507-732-4136
Faribault Family Focus	507-334-6413
Goodhue County Mental Health (Red Wing)	651-385-6180
Northfield Family Focus	877-574-7328
Owatonna Family Focus	507-451-0511

Continued

Counseling & Mental Health Services (Continued):

Rochester Behavioral Health Services		507-281-5515
Wenden Recovery Services	Red Wing	651-385-0600
	Rochester	507-292-1379
	Winona	507-425-5890
Zumbro Valley Psychological Services, Rochester		800-422-0161

Drug Testing:

Medtox Labs		651-636-7466
NOW CARE (Roseville)		651-635-0054
RSI Labs		651-602-6352

****All treatment programs do drug testing at minimal cost****

Self-Help Groups:

Red Wing	AA	651-388-5800
	Cocaine Anonymous	651-385-9096
Rochester	AA Inter-group	507-281-1747
	NA	507-281-2227
Hastings	AA/Al-Anon	651-437-9614
	Al-Anon Family Group	651-437-9723 or 651-437-3591
Bay City, WI	Al-Anon, Women's AA, Ala-teen, Spirit of Women AA, AA	715-594-3131
Ellsworth, WI	Celebrate Recovery	715-273-4617
	Al-Anon	715-273-3569
	Beginners Group AA	715-273-3579 or 715-792-2905
	Cocaine Anonymous	651-385-9096
	Ala-teen/Ala-non	651-771-2208
	Faribault Ala-teen/Ala-non	507-332-2593
	Narcotics Anonymous	www.naminnnesota.org
	MN Region Info Line	877-767-7676

Smoking Cessation Programs:

American Cancer Society	651-255-8100
American Lung Association	651-227-8014
Minnesota QUITPLAN SM	888-354-PLAN

For additional information on local resources call the Goodhue County HELPLINE at 651-385-3357 or First Call for Help at 211.

Chemical Health Initiative of Goodhue County

Chemical and Mental Health Evaluations

Call your insurance carrier's customer service line to clarify your coverage and the process by which you set up an appointment.

Or

Call your primary care clinic for a referral for specific services.

Insurance Information Reference Guide:

Blue Cross/Blue Shield	800-469-1110
Twin City Metro Area	800-262-0819
Health Partners	800-883-2177
Medica	800-952-3455
Minnesota Care	
Twin City Metro Area	651-297-3862
Outside Twin City Metro Area	800-657-3672
Medical Assistance (Goodhue Co.)	651-385-3200
Preferred One	800-451-9597
U Care	612-676-3200



Chemical Health Initiative of Goodhue County

www.CHI-goodhue.org
www.CHI-parentnetwork.org
www.CHI-howie.org

info@chi-goodhue.org
6651-385-3307

Hotline Information

Alcoholics Anonymous www.alcoholics-anonymous.org	507-281-1747
Al-Anon/Alateen www.Al-anon-alateen.org	888-4AL-ANON
Alcohol and Drug Hotline	800-923-HELP (4357)
Child Abuse	800-422-4453
Gambler's Anonymous www.gamblersanonymous.org	800-522-4700
Gay & Lesbian	888-843-4564
Narcotics Anonymous www.naminnnesota.org	877-767-7676
National Domestic Violence www.ndvh.org	800-799-SAFE (7233)
National Sexual Assault www.rainn.org	800-656-HOPE (4673)
National Runaway Switchboard www.1800RUNAWAY.org	800-RUNAWAY
Suicide: National Suicide Hot Line More suicide help: www.safechild.org	800-SUICIDE (784-2433)
Tobacco QuitPlan www.quitplan.com	888-354-PLAN

For additional information on local resources call the Goodhue County HELPLINE at 651-385-3357 or First Call for Help at 211.

To ANONYMOUSLY Report Suspicious Activity in Goodhue County call

866-887-HELP