



# CHI SCHOOL NEWSLETTER

Information and Resources for School Staff

December 3, 2010

## NATIONAL REPORTS AND ACTION

### **Blue Cross Report: Smoking Takes More Than 5,000 Lives, Costs Minnesota Nearly \$3 Billion Annually**

A new report from Blue Cross and Blue Shield of Minnesota shows that smoking causes 5,135 deaths and costs \$2.87 billion in excess medical costs each year in Minnesota. Minnesota has made great strides in reducing tobacco use from 22 percent in 1999 to 17 percent in 2007. But it continues to be the leading preventable cause of death in our state. Other studies show about 634,000 Minnesota adults still smoke as do another 56,000 Minnesota high school students. And, the nearly \$3 billion economic impact affects all Minnesotans.

Learn more by visiting

[http://www.bluecrossmn.com/bc/wcs/groups/bcbsmn/@mbc\\_bluecrossmn/documents/public/mbc1\\_hl\\_tobaccostudy.hcsp?source=hphlite](http://www.bluecrossmn.com/bc/wcs/groups/bcbsmn/@mbc_bluecrossmn/documents/public/mbc1_hl_tobaccostudy.hcsp?source=hphlite)

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### **DEA Moves to Emergency Control Synthetic Marijuana** *Agency Will Study Whether To Permanently Control Five Substances*

**NOV 24 -- WASHINGTON, D.C.** – The United States Drug Enforcement Administration (DEA) is using its emergency scheduling authority to temporarily control five chemicals (JWH-018, JWH-073, JWH-200, CP-47,497, and cannabicyclohexanol) used to make “fake pot” products. Except as authorized by law, this action will make possessing and selling these chemicals or the products that contain them illegal in the U.S. for at least one year while the DEA and the United States Department of Health and Human Services (DHHS) further study whether these chemicals and products should be permanently controlled.

To read more go to - [www.justice.gov/dea/pubs/pressrel/pr112410.html](http://www.justice.gov/dea/pubs/pressrel/pr112410.html)

## SUBSTANCE USE TRENDS

### **Alcoholic Whipped Cream Causes Buzz On Campus**

[WFTV.COM](http://www.wftv.com) Posted: 3:27 pm EST November 25, 2010, updated November 29, 2010

ORLANDO, Fla. -- The federal government ordered the makers of Four Loko to change its dangerous combination of caffeine and alcohol to something safer. However, it's not just beverages getting the controversial boost, its whipped cream too.

It might look like a regular can of whipped cream, but if you take a closer look at the label, you'll see why some university students are really buzzing about whipped lightning.

See the full story at: [http://www.wftv.com/news/25920599/detail.html?cxntlid=cmg\\_cntnt\\_rss](http://www.wftv.com/news/25920599/detail.html?cxntlid=cmg_cntnt_rss)

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### **FOUR LOKO Regulation Timeline**

#### **Regulators warn on "blackout in a can" drinks**

By Martinne Geller

(Reuters) - Regulators warned makers of alcoholic energy drinks often called "blackout in a can" that their products are unsafe and violate federal laws, following a public outcry and several state bans.

The Food and Drug Administration sent warning letters on Wednesday to four companies -- Phusion Projects LLC, United Brands Co, New Century Brewing Co and Charge Beverages -- charging that their drinks combining alcohol and caffeine were unsafe.

The drinks' brand names include Four Loko, Joose, Moonshot and Core High Gravity.

"There is evidence that the combinations of caffeine and alcohol in these products pose a public health concern," said Dr. Joshua Sharfstein, the FDA's principal deputy commissioner.

To read more go to

[www.reuters.com/article/idUSTRE6AG4V120101117?loomia\\_ow=t0:s0:a49:g43:r1:c0.061573:b39585160:z0](http://www.reuters.com/article/idUSTRE6AG4V120101117?loomia_ow=t0:s0:a49:g43:r1:c0.061573:b39585160:z0)

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### **FDA warns makers of caffeinated alcoholic drinks**

By Martinne Geller

(Reuters) - U.S. regulators warned makers of caffeinated alcoholic drinks that their products are unsafe and violate federal laws, following a public outcry and several state bans.

The U.S. Food and Drug Administration sent warning letters on Wednesday to four firms -- Phusion Projects LLC, United Brands Co, New Century Brewing Co and Charge Beverages -- charging that seven of their drinks combining alcohol and caffeine were unsafe.

"(The) FDA has found reason for concern that a number of caffeinated alcoholic beverage products do not meet the legal standard for safety," said FDA Commissioner Margaret Hamburg. "As a result the agency is moving forward on behalf of public health."

To read more go to [www.reuters.com/article/idUSTRE6AG4V120101118](http://www.reuters.com/article/idUSTRE6AG4V120101118)

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### **Four Loko maker to pull caffeine from alcohol drink**

\* Four Loko to pull caffeine from alcoholic energy drinks

\* Warning expected from FDA, FTC

By Martinne Geller

NEW YORK, Nov 17 (Reuters) - The maker of controversial alcoholic energy drink Four Loko said it would remove caffeine and other stimulants from all of its beverages ahead of an expected crackdown by U.S. regulators.






"(The) FDA has found reason for concern that a number of caffeinated alcoholic beverage products do not meet the legal standard for safety," said FDA Commissioner Margaret Hamburg. "As a result the agency is moving forward on behalf of public health."

The Federal Trade Commission also warned the manufacturers that their marketing may be deceptive or unfair.

To read more go to [www.reuters.com/article/idUSN1719801120101117](http://www.reuters.com/article/idUSN1719801120101117)

## **TIPS AND IDEAS FOR A SAFE AND HEALTHY HOLIDAY SEASON**

**As you look forward to spending special, quality time with your family and friends, keep in mind these tips for keeping your loved ones safe:**

-  At your holiday gatherings, offer plenty of nonalcoholic foods, drinks, and activities.
-  Keep a close eye on children that attend the gathering and ensure that they do not have access to alcoholic beverages
-  To lower the risk of alcohol poisoning, be sure to throw out partly empty alcoholic drinks. Children love to imitate adults, and if they have access to leftover drinks, they may taste the contents.
-  Have a plan in place about what you and your family will do if you are at a party where there are people who have had too much to drink.
-  Model responsible behavior by making sure that guests who have been drinking do not drive.

For non-alcoholic holiday drink recipes go to - <http://www.chi-goodhue.org/Holiday%20Information.php>

## **GOODHUE COUNTY MEDIATION DISPOSAL PROGRAM**

**Goodhue County**  
**S.A.F.E.**  
Medication Disposal Program

**Goodhue County Law Enforcement Center**  
430 West 6<sup>th</sup> Street, Red Wing, MN  
**Available:** 24 hours a day, 7 days a week

**Wanamingo City Hall - Sheriff's Office**  
401 Main Street, Wanamingo, MN  
**Available:** Monday - Thursday 8:00 a.m. - 4:30 p.m.  
Friday 8:00 a.m. – Noon

For more information regarding the S.A.F.E. Medication Disposal Program and medications accepted go to  
<http://www.chi-goodhue.org/SAFE%20Program.php>

## TEACHER RESOURCES & LESSON PLANS AT WWW.CHI-GOODHUE.ORG

Teacher resources and lesson plans are now on the CHI coalition website at

<http://www.chi-goodhue.org/teachers.php>

## CHI RESOURCES

***CHI Parent Network Website – Website for Parents, Teachers and Caregivers***

[www.CHI-parentnetwork.org](http://www.CHI-parentnetwork.org)

***CHI Coalition Website***

[www.CHI-goodhue.org](http://www.CHI-goodhue.org)

***CHI Howie Website***

[www.CHI-howie.org](http://www.CHI-howie.org)

## GOODHUE COUNTY ANONYMOUS TIP LINE



**1-(866) 887-HELP (4357)**

## WANT TO LEARN MORE ABOUT THE CHI?



Contact us at 651-385-3307 or [info@chi-goodhue.org](mailto:info@chi-goodhue.org)

