



CHI SCHOOL NEWSLETTER

Information and Resources for Teachers and Parents

April 7, 2011

APRIL IS ALCOHOL AWARENESS MONTH!

This year marks the 25th Annual NCADD Alcohol Awareness Month

One Too Many...

Alcohol Awareness - The Key to Community Change and Personal Recovery

Alcohol Awareness Month highlights the pervasive impact that alcohol, alcohol-related problems and alcoholism have on individuals, on families and children, in the workplace and in our communities.

NCADD's theme "One Too Many" allows organizations across the country to use the theme as a way of tying in with the priority programs and issues in their local communities. Although the victims of alcohol-related problems number in the tens of millions, it ultimately comes down to one thing and one thing only... **One Too Many.**

One Too Many.....

- One too many - can cause accidents, falls and injuries
- One too many - families torn apart by alcoholism
- One too many - don't seek help for self or family
- One too many - drink and drive
- One too many - workers miss work due to alcohol
- One too many - victims of alcohol-related crime
- One too many - falsely believe recovery is not possible

Some Basic Facts:

- Over 15 million addicted to alcohol
- Alcoholism is a chronic, progressive disease, fatal, if untreated and is genetically predisposed, from which people can and do recover
- 38% of adults have 1 relative with alcoholism
- 27 million Children of Alcoholics (COAs)
- \$400 billion- annual cost of alcohol and drug problems: productivity, accidents etc.
- Over 85,000 annual deaths due to alcohol

Our Challenge and Our Solution:

Just as the problem is One Too Many, the solution also comes down to one. One organization, one person making a commitment to raising awareness of the problem and the solution in our family, our school, our community, our church, our workplace through a focus on education, prevention, treatment and recovery.

To learn more about what you can do go to www.chi-goodhue.org

Resources

- CHI Local Directory <http://www.chi-goodhue.org/interventiondirectory.php>
- NCADD National Directory http://www.ncadd.org/programs/awareness/2011_Resource_and_Referral_Guide.pdf



UPCOMING INITIATIVE: NATIONAL TAKE BACK EVENT – SAT. APRIL 30TH



This initiative addresses a vital public safety and public health issue. More than seven million Americans currently abuse prescription drugs, according to the 2009 Substance Abuse and Mental Health Administration's National Survey on Drug Use and Health. Each day, approximately, 2,500 teens use prescription drugs to get high for the first time according to the Partnership for a Drug Free America. Studies show that a majority of abused prescription drugs are obtained from family and friends, including the home medicine cabinet.

In an effort to address this problem the CHI and local law enforcement agencies throughout Goodhue County will conduct a Take Back Event on Saturday, April 30th. The purpose of this National Take Back Day is to provide a venue for persons who wanted to dispose of unwanted and unused prescription drugs. **More information on locations and times coming soon!**

LESSON PLANS AND RESOURCES LISTED AT [WWW.CHI-GOODHUE.ORG](http://www.chi-goodhue.org)



Find drug, alcohol and tobacco lesson plans and other resources for social workers, and counselors on the CHI coalition website at <http://www.chi-goodhue.org/teachers.php>

GOODHUE COUNTY MEDICATION DISPOSAL DROP BOX LOCATIONS

Goodhue County Law Enforcement Center

430 West 6th Street, Red Wing, MN

Available: 24 hours a day, 7 days a week

Wanamingo City Hall - Sheriff's Office

401 Main Street, Wanamingo, MN

Available: Monday - Thursday 8:00 a.m.-4:30 p.m.
Friday 8:00 a.m. – Noon

For more information regarding the S.A.F.E. Medication Disposal Program and medications accepted go to <http://www.chi-goodhue.org/SAFE%20Program.php>

CHI WEBSITES

www.CHI-parentnetwork.org

www.CHI-goodhue.org

www.CHI-howie.org

GOODHUE COUNTY ANONYMOUS TIP LINE

1-(866) 887-HELP (4357)

INTERESTED IN LEARNING MORE ABOUT THE CHI?

Contact us at info@chi-goodhue.org