



Chemical Health Initiative School and Community E-Newsletter

E-Newsletter

November 14, 2011

In This Issue

- Number of Prescription Painkiller Deaths Tripled in Last 10 Years
- Lock it Up: Medicine Safety in Your Home
- Volunteering and Helping Others Reduce Risk of Substance Use in Rural Adolescents
- Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide

In Brief:

- Majority of Nonmedical Users of Prescription Pain Relievers Get the Drugs from Friends/Relatives or Doctors
- Marijuana Use and Adolescents: What Clinicians Need to Know
- Should Teens be Screened for Drug Use

CHI Community Council Update:

- Mandatory Seller/Server and Social Host Ordinance Update
- Zumbrota CHI Town Hall Meeting

Number of Prescription Painkiller Deaths Tripled in Last 10 Years



The number of Americans who died from overdoses of prescription painkillers more than tripled in the past decade, according to the Centers for Disease Control and Prevention (CDC). More people now die from painkillers than from heroin and cocaine combined.

An estimated 14,800 people died in the United States from painkiller overdoses in 2008, a more than threefold jump from the 4,000 deaths recorded in 1999, the CDC said in a [new report](#).

[Read More>](#)

[Read the full CDC Report>](#)

Lock it Up: Medicine Safety in Your Home

Every year thousands of children are hospitalized-and some die-after taking medicine not meant for them. Teens share stolen prescription drugs at "pharm parties" and toddlers are tempted by colorful pills that look like candy. In this Consumer Update video, FDA pharmacist Connie Jung explains how you can prevent harm by locking your medicine up. [Watch the video>](#)



Volunteering and Helping Others Reduces Risk of Substance Use in Rural Adolescents

Teenagers living in rural areas who regularly volunteer and help others are less likely than their peers, who don't often engage in these activities, to drink or use drugs as young adults, a new study suggests. [Read more>](#)

Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide



Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide is designed to help health care professionals quickly identify youth at risk for alcohol-related problems. The National Institute on Alcohol Abuse and Alcoholism (NIAAA) developed the Guide and

Pocket Guide in collaboration with the American Academy of Pediatrics, a team of underage drinking researchers and clinical specialists, and practicing health care

[Quick Links](#)

About Us

Our Sites

www.chi-goodhue.org

www.chi-parentnetwork.org

www.chi-howie.org

Our Staff

Calendar

Volunteer

Opportunities

Contact Us

Email:

info@chi-goodhue.org

Phone:

651-385-3307

[FREE CLINIC](#)

CARE Clinic

Serving uninsured low income individuals who live in Goodhue County (and Lake City)

CLINIC HOURS

Every Tuesday Evening
4:30 p.m. – 6:30 p.m.

LOCATION

1407 West 4th Street
Red Wing, MN

CONTACT INFORMATION

Phone: 651-388-1022

Email:
info@careclinic.com

Website:
www.careclinic.com

**Be an advocate,
Pass this on to others!**

professionals. To learn more and download the Guide and Pocket Guide, please visit the [NIAAA Website](#)>

In Brief

➤ **Majority of Nonmedical Users of Prescription Pain Relievers Get the Drugs from Friends/Relatives or Doctors (CESAR Fax)**

➤ **Marijuana Use and Adolescents: What Clinicians Need to Know**

As marijuana use among teenagers increases and its perceived danger among this age group decreases, clinicians need to know the latest science about the harmful effects of the drug on the adolescent brain, according to a researcher at the University of Colorado, Denver. [Read more](#)>

➤ **Should Teens be Screened for Drug Use?**

In a major policy shift, pediatricians call for HIV tests and drug screening for teens. [What does the policy suggest?](#)



CHI Community Council Update

Mandatory Seller/Server and Social Host Ordinance Update

- On October 6th, the Zumbrota City Council passed the Social Host Ordinance! The final approval was passed on 10/20 and is being published.
- To date, the Social Host Ordinance has been adopted by the following Goodhue County areas: Red Wing, Kenyon, outlying areas of Goodhue County, City of Goodhue and Cannon Falls.
- To date, the Alcohol Seller/Server Training Ordinance has been adopted by the following Goodhue County areas: Red Wing, Wanamingo, Kenyon, outlying areas of Goodhue County, City of Goodhue and Cannon Falls.

Zumbrota CHI Town Hall Meeting held on Wednesday, October 12

The Zumbrota CHI Council hosted a Town Hall meeting and presented statistics that showed local trends and top chemical concerns of the community. The keynote speaker for the event was Gene Leifeld, with the Zumbrota Police Department and the Chair of the Zumbrota CHI Council. He shared a law enforcement perspective on youth drug and alcohol use, and the risks associated with use and how it affects the lives of the user and those around them.

Community CHI Councils are located in Red Wing, Cannon Falls, Goodhue, Zumbrota and Kenyon-Wanamingo



Working to enhance the quality of life for Goodhue County families and citizens by promoting chemical health

Newsletter created by:
Julie Hatch, CHI Director of Education and Prevention/Grant Manager
julie.hatch@chi-goodhue.org