

The CHI encourages faith organizations throughout Goodhue County to participate in this important event! We will provide electronic suggestions that we hope you will consider including in your bulletin announcements, as well as, posters and documents that included various ideas about how chemical health messages can be highlighted and made accessible to families within our Faith communities. We would appreciate your participation in putting the following announcements in your church bulletins!

Week 1: March 12 & 13	Mark your calendars! CHI Sunday/Week is coming April 4-10. We invite members of our faith community to join in, learn more and promote chemical health awareness! Visit www.chi-goodhue.org for more information!
Week 2: March 19 & 20	Help keep our kids and community healthy and safe! Join us for CHI Sunday/Week April 7-10. Stay tuned for more information. Visit www.chi-goodhue.org for more information!
Week 3: March 26 & 27	Support our youth and community members by learning more about chemical health. Join us for CHI Sunday/Week April 4-10. Help support each other by learning more and starting conversations to promote awareness! Visit www.chi-goodhue.org for more information!
Week 4: April 2 & 3	Next week will be the annual CHI Sunday/Week which is recognized in faith organizations throughout Goodhue County. Join in our efforts to keep our kids, families and communities healthy and safe. We look forward to your participation! Visit www.chi-goodhue.org for more information!
CHI Sunday/Week: April 7-10	<p>This week is fourth annual CHI Sunday/Week! The Chemical Health Initiative Coalition of Goodhue County encourages the families and youth of Goodhue County to make healthy choices about alcohol and illegal drugs. Take the time to discuss the issues. Open dialogue at the dinner table.</p> <p>Members of the faith community are encouraged to come together and discuss the dangers of underage drinking and illegal drug use. Following are some communication tips for parents:</p> <ul style="list-style-type: none"> ◆ Make personal time with your child. Do an activity that you can enjoy together. Pay attention and listen to your child, don't do all the talking. ◆ Create a positive atmosphere in your home. Make your child feel important and remove the stigma of failure in your home. ◆ Encourage outside interests. Children who learn to have fun and cope with stress in healthy ways will be less likely to turn to drugs and alcohol. ◆ Teach resistance skills. Talk through strategies with them for saying "no" and make sure your child knows who to call for help. ◆ Be there for your child and know where they are. Ask questions! <p>For additional information please visit www.chi-goodhue.org</p>